



MILWAUKEE COUNTY  
Department on Aging

# MILWAUKEE COUNTY MEALS ON WHEELS MARCH



MEALS on WHEELS  
AMERICA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Beef Sandwich <sup>2</sup> on Whole Grain Bun Hashbrown Casserole Southwest Vegetables Diced Peaches Rice Krispie Treat ♥ Fresh Orange	Open Face Sliced Pork <sup>3</sup> Sandwich on Whole Grain Bread w/Gravy Mashed Potatoes Sweet/Sour Red Cabbage Melon	Vegetable Lasagna <sup>4</sup> Italian Beans Mixed Greens w/Cucumber, Tomato & Dressing Garlic Bread Mandarin Oranges	Teriyaki Chicken <sup>5</sup> Leg/Thigh Blended Rice Oriental Vegetables Asian Coleslaw Baking Powder Biscuit Fresh Pear	Omelet with <sup>6</sup> Broccoli Cheese Sauce Veggie Sausage Patty Baby Potato Cakes 🍊 Orange Juice Bagel/Cream Cheese Fruit Cup
Cheddarwurst <sup>9</sup> Whole Grain Bun Steamed Baby Carrots Baked Beans w/Onions & Brown Sugar 🍏 Apple Juice Peanut Butter Cookie ♥ Graham Crackers	Pepper Steak <sup>10</sup> w/Tomato, Peppers, Onions Buttered Noodles California Vegetables Vienna Bread Cinnamon Apple Slices	Chicken Supreme <sup>11</sup> Leg/Thigh Fresh Sweet Potato Green Beans Almondine Spinach Salad Dressing Whole Wheat Dinner Roll Grapes	Salisbury Steak <sup>12</sup> Gravy Garlic Mashed Potatoes Normandy Vegetable Mix Marble Rye Bread Dutch Apple Pie ♥ Applesauce	Baked Fish <sup>13</sup> Lemon Sauce Au Gratin Potatoes Wisconsin Vegetable Blend Coleslaw Rye Roll Snickerdoodle Cookie ♥ Banana
Hot Ham Sandwich <sup>16</sup> Kaiser Roll German Potato Salad Winter Squash 🍇 Grape Juice Chocolate Chip Cookie ♥ Apricots	<b>St Patrick's Day</b> <sup>17</sup> Irish Stew Braised Cabbage Red Potatoes w/Skins Crinkle Cut Carrots Shamrock Cookie ♥ Pear	Grilled Chix Caesar Salad <sup>18</sup> Romaine, Tomatoes Croutons, Caesar Dressing Whole Wheat Dinner Roll Fresh Fruit Cup Lemon Sunshine Cake ♥ Lemon Pudding	BBQ Pulled Pork Sandwich <sup>19</sup> Whole Grain Bun Country Style Vegetable American Fried Potatoes Mixed Fruit Cup Blonde Brownie ♥ Banana	Cheesy Tuna Noodle <sup>20</sup> Casserole Broccoli Cuts Dinner Roll Mandarin Oranges Oatmeal Raisin Cookie ♥ Red Delicious Apple
Meatloaf <sup>23</sup> Gravy Mashed Potatoes Country Style Vegetables Wheat Bread Blushing Pears	Oven-Fried Chicken <sup>24</sup> Creamed Spinach American Potato Salad Dinner Roll 🍷 Fruit Punch Baker's Choice Cookie ♥ Fresh Fruit	Country Ribs <sup>25</sup> Sauerkraut German Potato Salad Stewed Tomatoes w/Onions & Peppers Mandarin Oranges w/Pineapple	Roast Beef/Gravy <sup>26</sup> Baked Potato Casserole Glazed Carrots Garden Salad/Ranch Whole Grain Dinner Roll Chocolate Cake/Choc Icing ♥ Chilled Fruit	Stuffed Salmon Boat <sup>27</sup> Dill Sauce Quartered Red Potatoes Brussels Sprouts Multi-Grain Bread Sliced Peaches
Apricot Glazed <sup>30</sup> Pork Loin Baked Potato Sour Cream Peas & Carrots 7-Grain Bread Pineapple Tidbits	Pub Burger <sup>31</sup> Multi-Grain Bun Baked Beans Broccoli-Cauliflower Mix 🍷 Juice Sugar Cookie ♥ Lo-Cal Cereal Bar	<div> <div>MEALS ON WHEELS</div> <div>  358-6527 </div> <div> </div> <div> <input type="checkbox"/> DELIVERY ISSUES?  <input type="checkbox"/> ADDRESS CHANGE?  <input type="checkbox"/> HOSPITAL STAY?  <input type="checkbox"/> VACATION HOLD? </div> </div>		
		<div> <div> <div>Diabetic Dessert</div> </div> <div> <div>\$3.00</div> <div>60+ Suggested Contribution</div> </div> </div>		

View Menus Online! Milwaukee County Department on Aging: [county.milwaukee.gov/aging](http://county.milwaukee.gov/aging) ♦ Senior Dining Office: (414) 289-6995